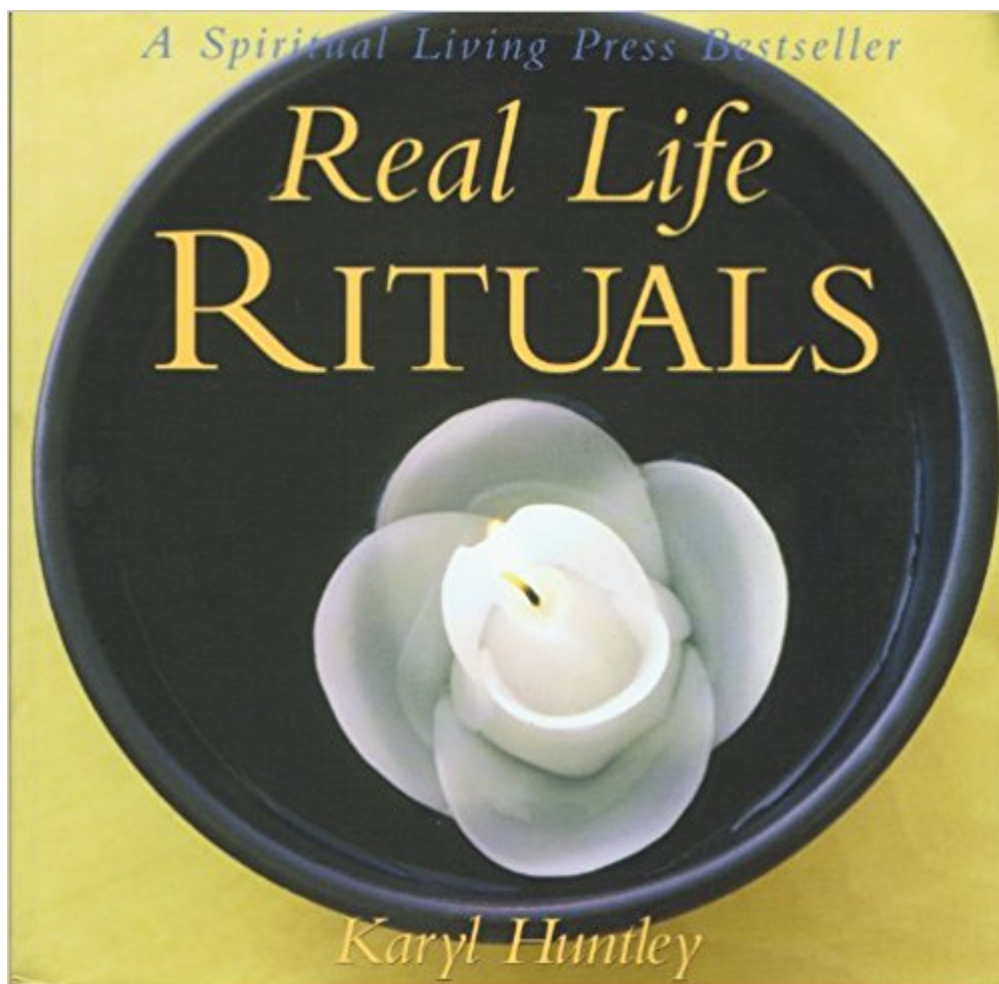




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# Real Life Rituals



## Synopsis

The pivotal events of our lives go by largely uncelebrated: children pass into adulthood, two people become parents, a family moves to a new home. Karyl Huntley's *Real Life Rituals* is a hands-on guide that offers you ways to celebrate the significant moments and passages of life. Designed to be adapted for large groups or parties of one, Huntley's rituals include spiritually grounded ways to: Celebrate the birth of a child; Honor a school graduate; Bless a new home; Commemorate an anniversary; Enhance or release romantic relationships. *Real Life Rituals* also provides celebrations for those special times of the year--solstices, equinox, and holidays--that have been acknowledged by people through the ages. Other rituals include: Blessing a New Home; Transitioning to a New Job; Welcoming a New Pet; Coming of Age for Girls and Boys; Blessing a Baby; Honoring a School Graduate; and Celebrating a First Driver's License, among others. From the Author: Many of life's experiences are so profound that they are difficult to describe in words. These are the precise experiences you invite when you perform a ritual: you move yourself into change or unity, surrender or gratitude, in ways that are so powerful that they are beyond words. You experience true spirituality. Though not associated with any particular denomination or philosophy, the essential nature of ritual is sacred. The rituals in this book speak to the experiences that we all share just by being born on this earth. We share the seasons of the year and the seasons of our lives. Built into these cycles are sacred lessons that you are here to experience--lessons of unity, creation, change, and release. The sacredness of a ritual allows your spirit to inhabit these lessons in a way that goes deeper than words; that is the blessing of ritual.

## Book Information

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## Customer Reviews

Karyl Huntley has created rituals in sacred, educational, community, and family settings for decades. She is the senior minister of the Golden Gate Center for Spiritual Living and the Ritual Coordinator of United Church of Religious Science. She also teaches Ministerial Craftsmanship for the Holmes Institute of Consciousness Studies. Karyl lives in Northern California and has two wonderful children

Real Life Rituals is for anyone who is interested in deepening daily, seasonal, and community experiences by exploring ways to enhance your relationship to the sacred mysteries of life. I've found that the passages do not interfere at all with my belief systems and encourages creating rituals around what's most comfortable for me. I recommend this book for anyone who is interested in learning about how to bring rituals into your life with this very supportive and loving outlook on using the spoken word to enhance the experiences of our lives. :) Happy Reading!

Great book. Read it in advance of taking a class with the author, Rev Karyl Huntley. I highly recommend it for someone wanting quick clear detail for ceremony and ritual.

Poetry as Spiritual Practice: Reading, Writing, and Using Poetry in Your Daily Rituals, Aspirations, and Intentions  
The More We Get Together: The Sexual & Spiritual Language of Love  
Rev. Huntley delivers an inspiring series of accounts of people rising through challenges to awaken to their highest selves. This is a book to keep close, to read over and over, and to dip into when you need a boost.

ritual is something that has, in large part, been lost in our society. we still do weddings (sometimes) and memorial services, but so many of the other significant transitions of life go un noticed, certainly not honored or recognized. rev. karyl's book gives outlines for a variety of rituals to make and celebrate the significant events of our lives, the events that define, the points of demarcation that are significant and meaningful. i used to be shy of ritual, probably because i was so unfamiliar with it in any real way. this book is a great re-introduction and has stimulated not just some old healing, but some great new ideas!

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